



The Guilt haben ihre eigene musikalische Kategorie erfunden: Lazerpunk !

Extrem treibende Beats, schneidende Gitarrensounds und Sängerin Emma, die eine Sportakrobatik auf der Bühne präsentiert, so dass man schon beim Zuschauen Muskelkater bekommt.

Tanzbare Songs der härteren Sorte mit aggressiven, digitalen Beats und mitreissender Bühnenperformance.

Nennen wir es **Aerobic-Lazerpunk-Action**.

Emma (vocals) und Tobias (guitars & beats), gründeten das Duo THE GUILT im Dezember 2012 in Helsingborg/Schweden, mit der Absicht, sehr laute, einfache Musik zu spielen – Überall und zu jeder Zeit ! Seit dem reisten The Guilt durch Europa und spielten staubigen Hütten, großen und kleinen Clubs, bei Kunstausstellungen und Festivals... Digitale Drumbeats , eine Show die nicht selten zu blutigen Knie führt, fetter Gitarrensound, ein furchtbarer Sinn für Humor und ein Publikum das mitgerissen wird, machen THE GUILT zu einer Besonderheit zwischen all den Bands, die oftmals fehlende Power mit Wänden aus

Gitarrenverstärkern und riesigem Schlagzeug ausgleichen wollen. Zudem füllen The Guilt die Bühne durchgehend mit waghalsiger Action.

Doch es geht ganz klar auch im Inhalte: Ein Song wie „Dance to the Revolution“ ist durchaus als klares Statement zu verstehen: Es reicht nicht nur laute Musik zu spielen: Arme hochreissen, schreien und tanzen sind ein Muss !

Emma: “The song was inspired by the Emma Goldman quote “If I can’t dance, it’s not my revolution”, in times when it’s more than important than ever to do both”.

Nach einigen Singles erscheint im Mai 2017 auf Heptown Records (Vertrieb: Rough Trade) endlich das Debut Album „The Guilt“ .

ALBUM RELEASE INFO “THE GUILT”

This explosive duo from Malmö, Sweden, is the death in disco and the dance in revolution. With their lazerpunk agenda they are pushing the boundaries of punkrock one high-kick at the time.

On the 5th of May 2017 The Guilt are releasing their debutalbum “The Guilt” on Heptown records. The release will be followed by touring across Europe in May and June 2017.

The Guilt is a quirky concept of dancy tunes and punk aggression all combined in a sweaty live show. It’s heavy vocals, simple beats, busted guitar hammering and most of all something that happens on stage. So how do you translate bad jokes and aggressive dancing into an album?

For making sense of this, Emma and Tobias chose Gustav Brunn (Atlas losing grip, Lawgiver) and Alain Steffler (Le Prince Harry, Experimental Tropic Blues Band), as their primary third parties. These two and also the other people involved have been important in the process. They’ve been someone to argue with but also they’ve been the fresh ears on songs written between 2012-2016. The album was mostly recorded in The Guilt’s own quarters with additional recordings and mixing by Gustav, Alain and also Joakim Lindberg (MFMB). The album was mastered by Alain Steffler.

Eyes open for the shimmering fix of discopunk that’ll bounce off the shelves from the 5th of May and do not miss the commotion when The Guilt teaches the art of screaming while dancing on stages across Europe

Raise your fists, be loud and dance !

The Guilt put the death in disco and the dance in revolution.

The Guilt are like Roxette, with knives.

The Guilt are like aerobics for anarchists.

Backstage they need a lot of Coffee and such accessories like fluffy Kittens

Booking / TourInfo Europe:

www.facebook.com/The-Guilt-257710247605464



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Biographie

In 2012 punkrock duo **The Guilt** made their first appearances. Emma (vocals) and Tobias (instruments) reside in Malmö, but it all began in Helsingborg, Sweden, with an overpowering need for playing loud and simple.

Before The Guilt they were both in another band but the sudden and tragic loss of a member left the band without direction. Jesper, a good friend and an excellent drummer, could not be replaced. In all this confusion Tobias and Emma found a mutual cause and inspired by everything they ever listened to in the nineties; The Guilt became their channel for dispersing frustration through dancing and shredding guitars.

For their first live shows the synths and drums were played by an iPod. It could not possibly get less cool. But The Guilt set their own punkrock standards by delivering a blazing work-out at every single show. A few years later the iPod was replaced by a sequencer named Roland and the duo went on exploring the dichotomy between the genres- screaming louder and adding glittery gold in everything.

Since the band started the main focus has been to play however, whenever, wherever. The simple set-up have made it possible to dish out punkrock disco at lounge bars, squats, galleries, apartments, offices, barns and venues all over Europe. Always performing in full throttle, in all the impossible places, made The Guilt what it is today.

In 2015 The Guilt released their first EP named **"Die"** on Heptown Records and on Swedish label Suicide Records **in 2016** the single **"Dance to the Revolution"** was released. The song was inspired by the Emma Goldman quote "If I can't dance, it's not my revolution", in times when it's more than important than ever to do both.

In 2016 their first full length album "The Guilt" was recorded. With a diverse starting field of songs The Guilt put a lot of thought into finding the right brains for the mixing. Three skilled people: Gustav Brunn (Atlas losing grip, Lawgiver) Alain Steffler (Le Prince Harry, Experimental Tropic Blues Band) and Joakim Lindberg (MFMB), made their mark in the process. Alain Steffler also did the finishing touch with the mastering **and the album is ready for release on the 5th of May 2017 on Heptown records.**

In 2017 The Guilt will be sweating across Europe with their fully loaded and improved "drummer". Laughing, screaming and dancing.

"The Guilt" is distributed in:

Germany = ROUGH TRADE
UK = PHD (plastic head distribution)
Switzerland = Non stop
Sweden = Sound Pollution
Benelux = Suburban
France = Soundworks/Season of Mist
Spain = Avispa
Italy = Audioglobe
USA = Super D
Poland/Czech = Mystic
Finland = SUPERSOUNDS

DISCOGRAPHY

2014: Demo EP
2015 „Die“ Single (Heptown Records)
2016: "Dance To The Revolution" single (Suicide Records)
2017 "The Guilt" LP/CD (Heptown Records)



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